

North County Volleyball Rules & Regulations

The following rule modifications are made for the North County League.

Our goal is to make the most enjoyable experience for every athlete that comes through North County Volleyball. If at any point an athlete, a coach, or a parent is upset about anything please communicate with us as early as possible so we can address the concern. We understand everyone's primary focus is play time and we will do our best to facilitate that but we cannot guarantee even playtime.

Items	Rules
What parents are paying for?	<p>North County Volleyball is Youth Recreational League. This is NOT club volleyball. North County Volleyball has hired advanced coaches who have experience ranging from youth – college. These coaches are hired to teach proper volleyball technique and proper biomechanics of the game. The coaches are also hired to create a fun atmosphere for all athletes in the gym.</p> <p>Parents are not paying just for playtime. North County fees cover coaches, uniforms, facility rental, equipment, administration, and more! We understand playing time is very important but we can never guarantee a certain amount of play time.</p>
Scoring	<p>The 1st and 2nd set will be played to 21 points. Cap at 25 points. The 3rd set will be played to 7 points. Cap at 18 points. Rally scoring point system.</p> <p>Teams playing in a “Championship Match” will play to 15 points in the 3rd set.</p>

<p>Serving Rules:</p>	<p>First Serve can be served from 10ft Line Second Serve can be served from 20ft Line Third Serve can be served from 30ft Line All Remaining serves must be behind end-line. At this point athletes are not allowed to “foot fault” meaning athletes cannot step on the service line.</p> <p>Boys who are serving overhand must start on the 30ft line.</p> <p>Girls who are serving overhand must start on the 20ft line.</p> <p>If there is a server that is more than capable of making their serve, we encourage coaches to make them serve from further back on their first serve.</p>
<p>Serving Mercy Rule:</p>	<p>After 5 consecutive points have been served by a player, a side out will occur with no points awarded.</p>
<p>Net Height:</p>	<p>7 Feet, 4 1/8 inches</p>
<p>Ball:</p>	<p>Division 3 will play with volley-lite ball. Divisions 1 & 2 will play with NFHS regulation ball.</p>
<p>Grace Period:</p>	<p>Each team will be given a 10-minute grace period if they do not have at least 4 players at game time. Once the 10 minutes expire and the team does not</p>

	<p>have at least 4 players they will forfeit the game. If a team forfeits a friendship game will take place.</p>
Timeouts:	<p>Each team will have a 30 second time out each set. Timeouts will not carry over to the next set.</p>
Rotations:	<p>Rotation occurs after a team gains the right to serve. Player rotate clockwise and the back-right player is the server. Players will rotate off the court after being in right front. Player will rotate on to the court starting at right back.</p> <p>Any modification to rotations must be cleared with North County Volleyball staff before they take place. Failure to do so will result in loss of point for illegal rotation.</p>
Substitutions:	<p>Since we rotate in a circle athletes will sub off the court from right front. A new athlete will sub in at right back to become the next server.</p> <p>Any other substitution will have to be cleared with North County Volleyball.</p>
Playing Time:	<p>This is a recreational league not club volleyball. Our goal is to create fair playing time opportunity for all athletes but this is something we cannot guarantee. In order to create fair play time, we have modified the rules from the original game.</p>

	<p>Mercy Rule: After 5 consecutive points have been served by a player, a side out will occur with no points awarded.</p> <p>Team of 12 modification ruling.</p>
<p>Playing Time for Teams of 12 Athletes:</p>	<p>We have modified playing time for teams of 12 athletes. Teams will have 2 options to choose from.</p> <p>Option 1: In set 1, 6 of the 12 athletes will play the entire set. In set 2, 6 new athletes will play the entire second set. If the game goes to a 3rd set teams will rotate in a normal rotation.</p> <p>Option 2: Teams can use normal rotations and play all 12 players in each set.</p> <p>We cannot guarantee play time to any athlete. However, we have modified the official rules to make fair playtime more attainable.</p>
<p>Sportsmanship:</p>	<p>Good sportsmanship is required. It is expected that all team personnel (coaches, parents, and athletes) conform to good sportsmanship at all times. Poor sportsmanship will not be tolerated and will result in immediate ejection from game and facility. Person will be escorted out of facility by North County staff.</p>

	<p>Coaches if you have a question or concern about an official's judgement please do not belittle, yell, or degrade the officials. Please find Daniel Hart or Billy Gary if you have a question.</p>
<p>Gym Rules:</p>	<p>All North County Volleyball equipment (volleyballs, carts, and nets) will stay in the gym at all times. Athletes that take equipment out of gym will result in not being able to participate in game that night.</p> <p>No one should be wandering in hallways or class rooms at Yorba Linda High School at any time. Athletes caught in places they should not be will result in not being able to participate in game that night.</p> <p>Lawn Chairs will not be permitted in gym. Animals will not be permitted in gym. Food and Drinks are allowed in gym on bleachers only.</p>
<p>Dead Ball Fouls: (Rules are based off official's judgment)</p>	<ul style="list-style-type: none"> -Athletes are not allowed to open hand under hand pass the ball. -Athletes are not allowed to make contact with the net why the ball is in play. -Athletes are not allowed to go under the net and interfere with other team. -Athletes cannot have prolong contact with the ball when setting.

Replay:	If an official cannot make a clear call on which team has earned a point, we will replay the point.